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US Senator from the Commonwealth of Virginia



COVID-19 Resources for International Travelers

There are several programs and relief initiatives in the Coronavirus Aid, Relief, and Economic Security (CARES) Act. This guide can serve as a starting point to guide you in the right direction.

Should I travel abroad during the pandemic?

Travel is not advised. Please note that on March 31, 2020, the U.S. State Department issued a [Level 4 – Do Not Travel – Global Health Advisory](#).

The outbreak and spread of the novel coronavirus have disrupted travel across the globe. Virginians, as well as all Americans, should heed the advice of public health officials by avoiding all nonessential travel. Please use the below resources and guidance to inform any travel decisions.

My office has worked to provide assistance to many Virginians traveling abroad who, because of travel restrictions related to the spread of the coronavirus, were otherwise unable to return home. The State Department warns that at this time, American travelers abroad could find themselves unable to return home for an “indefinite period.”

What if I am traveling abroad and am having difficulty returning home?

Those who are currently traveling abroad should register with the U.S. Department of State at: www.step.state.gov. Registering with the State Department alerts the nearest embassy to your presence in the country and also allow them to provide important information to you.

If you or a loved one is currently abroad and having trouble returning home, please contact my office by calling: (202) 224-2023 or visiting:

<https://www.warner.senate.gov/public/index.cfm/helpwithfederalagencies>

How will I know when restrictions are lifted?

Different states and local governments are implementing various guidelines to slow the spread of the virus. Stay informed about international, federal, state, and local restrictions on travel by using the links below.

Federal Resources

[CDC Guidance for Travelers](#) – Includes guidance on international and domestic travel, including advisories for those traveling within the United States.

[State Department Travel Advisories](#) – Any American travelling abroad should check the State Department’s travel advisory page for detailed information on their intended destination. Remember that conditions can change rapidly, so check the travel advisories frequently.

[Department of Transportation Coronavirus Resources](#) – Includes guidance from the Department as well as up to date information from the Federal Aviation Administration, Federal Transit Administration, Federal Railroad Administration, and other transportation authorities.

For guidance from the FAA on air travel, including links to coronavirus information from major airlines, please visit: <https://www.faa.gov/coronavirus/>.

[Washington Metropolitan Area Transit Authority](#) – For information on Metro and COVID-19. WMATA service, including rail and bus service, has been sharply reduced in response to the crisis – WMATA encourages customers to travel for essential purposes only.

Virginia Resources

[Virginia Stay at Home Order](#) – Governor Northam issued a stay at home order, effective March 30, which directs all individuals in Virginia to remain in their place of residence except for certain purposes as defined in the order.

[Virginia Department of Transportation](#) – Information on tolling facilities, rest areas, and more.

[Virginia Railway Express \(VRE\)](#) – Information from VRE on their reduced schedule and safety information for commuters.

Additional Assistance

Senator Warner’s office stands ready to assist with any coronavirus and non-coronavirus federal issues. **If you or a loved one is currently experiencing an issue with a federal agency**, please contact Senator Warner’s office by calling: (202) 224-2023 or visiting: <https://www.warner.senate.gov/>.