COVID-19 Resources for Students in Higher Education

There are several programs and relief initiatives in the Coronavirus Aid, Relief, and Economic Security (CARES) Act. This guide can serve as a starting point to guide you in the right direction.

Is there any relief for student loan payments?
Federal loan payments will be suspended for six months. Student should check student loan accounts to make sure payments have stopped.

Loans that are eligible for the payment suspension are: Federal Direct Stafford Loans, Federal Direct Parent PLUS Loans, Federal Direct Grad PLUS Loans, and Federal Direct Consolidation Loans. Federal Perkins Loans and private loans are not eligible.

For more information on federal student aid, call: 1-800-433-3243 or visit: https://studentaid.gov.

Will this negatively affect my credit score or disqualify me from loan forgiveness?
This will not affect credit scores or qualifications for loan forgiveness.

Can I use federal student aid towards distance learning in my study abroad program?
Yes, federal student aid will now be allowed to cover distance learning for universities other countries. Please contact your school’s financial aid department for more information.

Additional Assistance
Senator Warner’s office stands ready to assist with any coronavirus and non-coronavirus federal issues. If you or a loved one is currently experiencing an issue with a federal agency, please contact Senator Warner’s office by calling: (202) 224-2023 or visiting: https://www.warner.senate.gov/.